

## Home stay and training on an organic small-scale farm, in Uganda.



Beatrice Okumu invites you to visit her farm in rural Tororo, Eastern Uganda, near the border with Kenya. You can work in her organic garden and share skills and experiences or just enjoy the quiet, rural situation.

Beatrice has 3 acres of land beside her house and another 15 acres nearby. She grows many vegetables, including egg plant (aubergine), onions, kale, French beans, tomatoes, cabbages and basil. A new venture is mushroom growing. She grows maize, beans, potatoes, peas, millet, sorghum, ground nuts and cassava, for home consumption and for sale. She also has 60 mature mango trees, 60 orange trees and 0.25 acre of coffee;

plus 10 hens, 3 cockerels and 8 goats. Beatrice has bought one ox but needs a second to use for ox-ploughing.

Beatrice's home is very comfortable with some solar lighting, mosquito nets, and indoor bathroom and toilet. Beatrice has 3 bedrooms with twin beds in each.

There are many activities going on at Beatrice's home which you would be welcome to join in e.g. working in the garden, (digging, planting, weeding, harvesting); attending a group meeting with Beatrice (e.g. savings and credit or farmers' group);



visiting the neighbouring farms or the local market; visit local schools (to work in their gardens, talk or teach pupils); help with domestic tasks in the home (preparing food, cooking, washing up); or just read and relax.



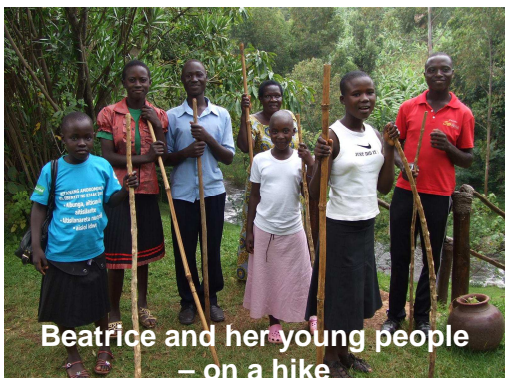
She requests a payment of £10 per day, for food, accommodation and activities.

Beatrice trained as a Key Farmer Trainer with Kulika Uganda ([www.kulika.org](http://www.kulika.org)) and now works with neighbouring farmers, as well as coordinating the Food For Thought School Linking Programme ([www.globalcentredevon.org.uk/food-for-thought](http://www.globalcentredevon.org.uk/food-for-thought))

The farm's address is Pomede Village, Nagongera Sub County, Tororo District, Eastern Uganda. It is 9 miles from Tororo town, about 40 minutes drive.



Beatrice has seven young people living in her compound plus a woman helper with two young girls.



*Beatrice says: Organic farming has helped me become what I am - a happy person who can afford to keep some orphans on top of my own children. It is because of farming that I manage to be the FFT co-ordinator and have travelled twice to UK to judge the school gardening competitions. I encourage people take farming seriously, as a business, and they will never regret it. I would love you to come and stay with me on my far, with my family.*

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